

Treasures Along the Path Study Guide July 2014

The Need for Self-Realization

Archive Date: Monday Class of Spiritual Renewal Week 8/20/1990

Class One of Five based on the book *The Essence of Self-Realization*

Key Points

“The truth simply is. It cannot be voted into existence. It must be perceived by every individual in the changeless Self within.” This is a statement can be easily accepted intellectually, but more difficult to accept emotionally because whenever we have a desire, we are not fully accepting what is. If we accepted what is, we wouldn’t have desires.

We can know inwardly if something is true when we consult our intuition.

When there is a connection and a flow of energy from the heart to the spiritual eye, intuition can be perceived.

When you are looking for truth in a thing, step back so you are not so close to it and use detachment in making decisions without the influence of desires.

An old saying goes, women marry men hoping they’ll change, and men marry women hoping they won’t change.

We need to face the fact that this life is impermanent.

Tune into the divine working through you, and you will find that things start going better.

Learn to seek wealth within yourself.

God is in the center, duality swings side to side. The further a swing goes in one direction, the further it needs to swing in the opposite direction.

The essence of spiritual growth and the essence of truthfulness is to be the observer, watching to see if what you thought was true, or it really wasn’t. This approach can build faith.

When looking for practical solutions, go about it scientifically to see if it works.

The true purpose of life is to find God. It’s better to stay centered in God, not outward pleasures that will always disappoint you. Enjoy everything by seeing God in everything.