

Treasures Along the Path Study Guide

Treasures Offering December 2018 **Key Points**

Superconscious Living III Saturday B - 7/14/79

The more we can release the things that we do from ego orientation, the more we will be able to soar in higher realms.

In a scale of things from the size of the smallest atom to the largest star, our human body is just about half way. You are vast.

Don't think of yourself as big or small. Space and time are merely thoughts in the mind of the Creator.

Be centered in yourself and try not to see people as personalities. Try to see God in them. Visualize light at their center. Try to bring light to yourself and to all people and situations.

The guru does not impose himself on you. He works with magnetism. If you invite His presence into whatever you are doing, he can flow through you. God Himself needs to work through you with your own cooperation. God chooses us, when we choose him.

When you want to operate with higher consciousness, you'll need raise the energy in the body and mind, bringing energy from the lower part of the spine upward to the point between the eyebrows.

When you are trying to encourage energy in the spine upward, it helps to breathe deeply.

The more you can release feelings that "I did it," and think, ah, that was good, the more you will feel free ego bondage.

When you can put all your energy into loving God, He will respond.

Don't worry what other people are thinking of you. Try to be in tune with what God is thinking, what your higher Self is thinking.

Try to be in the presence of people who are spiritual and people with devotion. Their efforts to be good and have higher consciousness reinforces your magnetism.